



TEEN PARTIAL HOSPITALIZATION: TRACK #1					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 – 8:30 AM	Arrival	Arrival	Arrival	Arrival	Arrival
8:30 – 9:30 AM	Gender & Sexuality / Enrichment	Expressive Communication	Rec Therapy	DBT	Yoga Therapy
9:30 – 10:30 AM	CBT	School	School	School	Self-Awareness
10:30 – 11:30 AM	Process				Addictive Behaviors / Enrichment
11:30 – 12:30 PM	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 – 1:30 PM	Healthy Relationships	Music Therapy	Mindfulness	Process	School
			Healthy Relationships		
1:30 – 2:30 PM	School	Coping		Art Therapy	Recovery Maintenance
2:30 – 3:30 PM		DBT	CBT		School
3:30 – 4:00 PM	Departure	Departure	Departure	Departure	Departure